

SIMPLE STEPS

to Street Safety

「NATIONAL PERSONAL SAFETY DAY」
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LIVE
LIFE
SAFE
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trust

National Personal Safety Day Quiz

Complete the following quiz and see how streetwise you are.

Tick which of the following answers you agree with. (There can be more than one correct answer)

1. You're walking along the street on your way to school, a car stops beside you and the driver starts to talk to you. What should you do?
 - a) If you are walking in the same direction as the car, you should turn around and walk or run back the other way.
 - b) You shouldn't have been walking in the same direction as the car in the first place, as you should always try to walk towards oncoming traffic.
 - c) You should stop and check what they want before walking away, because they might need help and you shouldn't be rude.



2. When you're walking down the street on your own, it's a good idea to...?

- a) Wear headphones.
- b) Keep your hood up
- c) Look around you at what's going on

3. When you are going out with friends, you should always....?

- a) Let someone know where you are going and when you should be arriving, before you leave your house.
- b) Wait until you get to where you are going, then call to say where you are.
- c) Phone your mum on a mobile on your way there.

4. If you change your plans while you are out with friends, should you ..?

- a) Call and tell your mum/dad or carer what is happening.
- b) Only call if you will be arriving home later than you agreed.
- c) Only call if your friends call as well.

5. Which of the following is true?

- a) The more careful I am, the safer I will be.
- b) I'll be safe because it's only a short journey.
- c) I'll be ok if I only speak to adults who live in my neighbourhood.

6. If you 'feel' something is wrong about a situation, should you..?

- a) Get out of the situation immediately.
- b) Ignore how you feel because you don't want to look silly.
- c) Wait and see what happens before doing anything.



7. If you think you are being followed, should you..?

- a) Go to the nearest public place e.g. Shop, garage, hotel, and tell them what has happened
- b) Get home as quickly as possible by taking any short cut you can.
- c) Turn around and tell the person you think is following you to go away.

8. If you argue with your friends while you are out with them, should you....?

- a) Walk away from them and make your way home as soon as possible.
- b) Stay with them until you reach a safe place to phone or text your mum/dad/guardian to let them know what has happened and where you are.
- c) If it's not possible to stay with them, head for the nearest safe place which would have a telephone e.g. hotel, supermarket, and call home.

9. If you are on a bus or train alone, should you ...?

- a) Sit near a driver or guard
- b) Stay put and keep looking at the ground if someone makes you feel uncomfortable.
- c) Tell other passengers/guard loudly if someone threatens you or deliberately touches you.



10. You've lost or spent your bus fare home. Should you..?

- a) Start walking home as quickly as possible.
- b) Phone home on your mobile, if you have one, or go to the nearest phone box and make a reverse charge call home and wait somewhere well-lit and busy for someone to come and collect you.
- c) Ask a grown-up at the bus stop to lend you the fare home.

11 If someone comes up to you in the street/playground and tells you to give them your phone/bag/money, should you...?

- a) Hold on to your bag and run as fast as you can to the nearest shop/garage/teacher etc.
- b) Hand it over immediately without a fuss.
- c) Hold onto it tightly and shout as loud as you can for help.

12. If you're hanging out with friends and a grown-up offers you something to eat or drink, should you....?

- a) Say no thank you, you've already eaten/drank
- b) Take it, as it is the polite thing to do and you shouldn't annoy them by being rude.
- c) Only take it if it is packaged and the packaging has not been opened.



13. Someone comes up to you after school and says that your Mum has asked them to collect you and take you home. Should you...?

- a) Tell them you will have to go back to the school and check with them if it is OK.
- b) If you have a mobile, say you will call your Mum to check first and don't get into the car until you have spoken to her.
- c) Get in the car; it will be fine because your Mum arranged it and they will get cross if you don't.

14. You should think what 'safe places' you have in your area and on your route to and from school, where you could go if you felt threatened. A safe place is..?

- a) A quiet place where there's no-one around
- b) A busy place where there's lots of people, like a shop or a library
- c) A place where there is a responsible adult, such as a police station or fire station

15. If an adult you know makes you feel nervous or scared, should you...?

- a) Speak to them about it and explain how you feel
- b) Speak to a parent/carer or another responsible adult about it
- c) Keep your feelings to your self because you're probably just being silly



Scores

Now add up your scores and see how you have done:

Answers:

1. a = 3 b = 3 (True, unless that side of the street is dark and quiet and the other is well-lit and busy) c = 0 (Never stop in this situation out of politeness because an adult should never stop a child to ask for help. Never get into a car, even if you know the person, unless you have already arranged it with your mum/dad/guardian.)
2. a = 0 (If you wear headphones, you can't hear what's happening around you and you probably won't be paying any attention to your surroundings either.) b = 0 (for the same reasons as (a)) c = 3
3. a = 3 b = 0 (Always let someone know before you go!) c = 0 (Not only should you let someone know before you go, you should try not to talk on your mobile in the street because a) someone might see it and steal it and b) someone might hear all your details while you are talking and c) You might not hear trouble approaching
4. a = 3 b = 0 (Always tell your mum/dad or guardian if you change your plans.) c = 0 (Be grown-up about it and don't just copy your friends. Do what you know is right and call whether they do or not.)
5. a = 3 b = 0 (You must be careful no matter how short the journey is) c = 0 (Just because someone lives in your area and you recognise them, it doesn't mean they are necessarily nice and safe.)
6. a = 0 (If something feels wrong, act immediately to get out of the situation. It's not silly to listen to your instincts) b = 3 c = 0

7. a = 3 b = 0 (Never take short cuts if they include dark or quiet places or if your mum/dad/carer are expecting you to come home by the main route.) c = 0 (Never confront someone who is following you. Get away from them.)
8. a = 0 (Never walk about the streets on your own at night if you can avoid it.) b = 3 c = 3
9. a = 3 b = 0 (If you feel uncomfortable, try and move to another seat or compartment. If possible try and sit with other people.) c = 3
10. a = 0 (Always try to avoid walking home alone if possible) b = 3 c = 0 (Never ask a stranger for money)
11. a = 0 (It's much safer just to hand over what they want so that they will go away and leave you alone.) b = 3 c = 0 (Same reason as (a))
12. a = 3 b = 0 (Avoid taking food or drink from strangers) c = 3 (This is good idea but it would probably be better to refuse it anyway.)
13. a=3, b=3, c=0 (Never get into someone else's car - even if you know them - unless you have previously spoken to your mum/dad/carer about it. Always check first with either them or the school in case they've left a message.)
14. a=0 (a safe place is where there are responsible adults, e.g. a library, garage, large shop, police station etc.) , b=3, c=3
15. a=0 (If someone makes you feel uncomfortable, you shouldn't discuss this with them but tell a parent or another adult that you trust) b=3, c=0 (Don't keep it to yourself. If you feel uneasy, then trust your instincts that something is not right and tell someone about it)

Scores

Now add up your points

If you score between 35 - 50



Congratulations! You know what you are doing and how to keep safe. Just make sure that you always put into practice what you know. A lot of people - adults included - make the mistake of knowing all the safety precautions they should take but just not bothering. You know what to do so you've got no excuses!

If you score between 20 - 35



You're reasonably safe out and about but you do need to pay a bit more attention and realise that keeping yourself safe is not about being treated like a child - the same safety precautions apply to adults!

If you score between 0 - 20



Oh dear! You're really not safe to be let out on your own at all. If you want a bit of freedom and independence, you'll need to show that you can look after yourself, behave a bit more grown up and learn how to keep yourself safe. Read the quiz and the answers again and talk it through with your parents and friends.

