

The Suzy Lamplugh Trust

The Leading Authority on Personal Safety
Charity No. 802567

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LONE WORKER SAFETY ADVICE

The Suzy Lamplugh Trust has just published a new, much-needed personal safety booklet specifically aimed at lone workers.

It was written in response to the results of the lone worker survey carried out for the Trust last year. These showed 81% of lone workers are concerned about violence and aggression at work - and a shocking one in ten of those surveyed had been punched, kicked, or suffered some other form of violent attack.

The booklet explains the legal responsibilities of both the employer and the employee and how to carry out a personal risk assessment. As well as advice on general prevention and avoidance, there are specific sections covering working alone away from base (e.g. social worker, estate agent), working alone at a fixed base (e.g. petrol station attendant, security guard) and working alone at the front-line (eg. reception, retail).

In addition to telling you how to avoid violence and aggression, it also deals with what to do if you are faced with a potentially violent situation.

Julie Smith, Manager of Training at the Suzy Lamplugh Trust, says:

“With proper care and planning, many of the risks involved with lone working can be reduced or eliminated. This new booklet covers both how to avoid trouble and how to deal with it should it occur. We believe it will prove invaluable for this particularly vulnerable section of the workforce.”

For further information or to order a copy/copies of the Lone Working booklet (Price £2.00 plus p&p) call 020 8876 0305 or email resources@suzylamplugh.org
Ends

Press/Media enquiries to: Jo Walker, Press Officer Tel: 020 8876 0305

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A copy of the booklet is in the post for your review.

An image of the front cover is available on request.

NOTES TO THE EDITOR

THE SUZY LAMPLUGH TRUST

The Suzy Lamplugh Trust, a registered charity, is the leading authority on personal safety. The Trust works to raise awareness of the importance of personal safety and to provide solutions that effect change in order to help people to avoid violence and aggression and live safer, more confident lives.

The Trust works alongside government, the police, the educational establishment, public bodies and the business sector to encourage safety wherever people may be at risk - in the home, at work, in public and in schools and colleges, on public transport and when travelling at home or abroad.

Lone Workers

Lone workers are people who work alone for some or all of the time without direct or close supervision or support. They include staff:

- Staff who are out in the community or visiting other people's homes eg. taxi or bus drivers, estate agents, social workers, sales people, district nurses or journalists.
- Staff who work outside normal working hours e.g. cleaners, maintenance staff or security guards. Staff who work in establishments where only one person is on the premises at a t time e.g. people working in petrol stations and kiosks, small shops and bars.
- Staff who work in the same building as colleagues but on their own e.g. receptionists. Teachers and lecturers also belong in this category because, even though they may be surrounded by pupils or students, they often have no immediate support from colleagues.
- Self-employed individuals who visit other people's homes e.g. hairdressers, beauticians, carpenters, plumbers