



PRESS RELEASE

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The Suzy Lamplugh Trust Launch a New Personal Safety DVD

The Suzy Lamplugh Trust has today launched a new DVD, *Personal Safety at Work: Planning for safety and conflict management*, that will help employers meet their legal obligations regarding personal safety in the workplace.

The DVD covers issues such as conflict management, stress management, and travelling to work. Fact sheets accompanying the DVD cover important themes, such as tension control, and setting up lone worker tracing systems – also offering further sources of information, including advice on personal alarms.

Using real experiences and presented in an easy to access format, the DVD offers simple advice on how to minimise risk. It is an excellent training tool to raise awareness of the important issue of personal safety.

Click here to view a trailer for '[Personal Safety at Work: Planning for safety & conflict management](#)' (V22)

For more information about the DVD or the work of The Suzy Lamplugh Trust visit www.suzylamplugh.org or call 0207 091 0014.

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Notes to Editors:

The Suzy Lamplugh Trust, a registered charity, is the leading authority on personal safety. The Trust works to raise awareness of the importance of personal safety and to provide solutions that effect change in order to help people to avoid violence and aggression and live safer, more confident lives.

The Trust works alongside government, the police, the educational establishment, public bodies and the business sector to encourage safety wherever people may be at risk - in the home, at work, in public and in schools and colleges, on public transport and when travelling at home or abroad.