

# SIMPLE STEPS

to Street Safety



## STAY ALERT

REMEMBER, IF YOU ARE WEARING HEADPHONES OR CHATTING ON YOUR MOBILE PHONE YOU WILL BE DISTRACTED FROM YOUR SURROUNDINGS AND WILL NOT HEAR TROUBLE APPROACHING.

## INVEST IN A PERSONAL SAFETY

**ALARM** THESE CAN BE USED TO SHOCK AND DISORIENTATE AN ATTACKER GIVING YOU VITAL SECONDS TO GET AWAY.

## MAKE SURE

**YOU AVOID DANGER SPOTS** STICK TO BUSY WELL LIT STREETS WHENEVER

POSSIBLE AND AVOID QUIET OR BADLY LIT ALLEYWAYS, SUBWAYS OR ISOLATED PARKS OR WASTE GROUNDS. TAKE THE SAFER ROUTE, EVEN IF IT'S LONGER.

## PLAN AHEAD

KNOW WHERE YOU'RE GOING AND THE BEST WAY TO GET THERE. WHENEVER POSSIBLE, AVOID LONG WAITING TIMES AT BUS STOPS AND STATIONS BY CHECKING THE ARRIVAL

TIMES BEFORE LEAVING HOME.

## LISTEN TO YOUR INSTINCTS

IF YOU FEEL THREATENED, HEAD FOR A SAFE PLACE WHERE THERE ARE LOTS OF PEOPLE, SUCH AS A PUB, SHOP OR GARAGE FOR EXAMPLE.

## ENSURE YOU TAKE THE SAME PRECAUTIONS WHEREVER YOU ARE

IT'S NATURAL TO FEEL MORE RELAXED AND COMFORTABLE IN YOUR OWN NEIGHBOURHOOD THAN WHEN YOU ARE IN AN UNFAMILIAR AREA BUT IT'S IMPORTANT NOT TO GET COMPLACENT ABOUT YOUR PERSONAL SAFETY WHEN CLOSE TO HOME